**Recording Meals Form**

for assessing children’s **dietary diversity** and/or **reheating of child meals**

**Name of the respondent**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Name of the child**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Q1**: *Did* [child’s name] *eat and drink anything yesterday?* [if YES, proceed to next question]

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| **Q2**: *Can you please tell me what exactly did* [child’s name] *eat and drink …. ?* [check all options below] | | | **Q3**: *When did you prepare this meal?* | **Q4**: *Before you gave the food to your child, did you reheat it or did you provide it as it was?* | **Q5**: *How much did you warm up the food? Did you reheat it just a little bit? Or did you reheat it to being very hot so you had to wait for it to cool down before giving it to the child?* |
| *… for breakfast?* |  | | □ less than two hours before the child ate it -> ask about the next meal  □ more than two hours before the child ate it -> ask Q4 | □ reheated -> ask Q5  □ provided as it was | □ reheated to being warm  □ reheated to being very hot |
| *… between breakfast and lunch?* |  | | □ less than two hours before the child ate it -> ask about the next meal  □ more than two hours before the child ate it -> ask Q4 | □ reheated -> ask Q5  □ provided as it was | □ reheated to being warm  □ reheated to being very hot |
| *… for lunch?* |  | | □ less than two hours before the child ate it -> ask about the next meal  □ more than two hours before the child ate it -> ask Q4 | □ reheated -> ask Q5  □ provided as it was | □ reheated to being warm  □ reheated to being very hot |
| *… between lunch and dinner?* |  | | □ less than two hours before the child ate it -> ask about the next meal  □ more than two hours before the child ate it -> ask Q4 | □ reheated -> ask Q5  □ provided as it was | □ reheated to being warm  □ reheated to being very hot |
| *… for dinner and after dinner?* |  | | □ less than two hours before the child ate it -> ask about the next meal  □ more than two hours before the child ate it -> ask Q4 | □ reheated -> ask Q5  □ provided as it was | □ reheated to being warm  □ reheated to being very hot |
| *During the last day or night, did* [child’s name] *eat any fruits, vegetables or snacks which you did not mention? If so, which one?* | |  | □ less than two hours before the child ate it -> ask the next interview question  □ more than two hours before the child ate it -> ask Q4 | □ reheated -> ask Q5  □ provided as it was | □ reheated to being warm  □ reheated to being very hot |