USE OF MODERN CONTRACEPTIVES AMONG ADOLESCENTS

Outcome indicator

Indicator Phrasing

**English:** % of sexually active girls aged 15-19 years using (or whose partner uses) a modern method of contraception

**French:** % de filles sexuellement actives âgées de 15 à 19 ans utilisant (ou dont le partenaire utilise) une méthode contraceptive moderne

**Czech:** % sexuálně aktivních dívek ve věku 15-19 let, které používají (nebo jejichž partner používá) moderní antikoncepční metody

What is its purpose?

The indicator assesses the proportion of sexually active young girls who at a time of sexual intercourse(s) in the past 6 months have used a modern contraceptive method. This practice is essential for preventing the significant health risks associated with early and/or unintended pregnancies.

How to Collect and Analyse the Required Data

Collect the following data by conducting individual interviews with a **representative sample** of girls aged 15-19.99 years:

**RECOMMENDED SURVEY QUESTIONS (Q) AND POSSIBLE ANSWERS (A)**

**Q1:** During the past 6 months, have you had sexual intercourse?

**A1:** yes / no / does not want to reply

(ask the following question only if the previous reply is YES)

**Q2:** At this time, did you or your partner/husband do something or use any method to avoid or delay getting pregnant?

**A2:** yes / no / does not want to reply

**Q3:** What has been the main method that you or your partner have used to delay or avoid getting pregnant?

**A3** (only one answer possible; do not read the options)

1. pill
2. intra uterine device (IUD)
3. injectables
4. implants
5. male condom
6. female condom
7. diaphragm
8. foam/jelly
9. lactational amenorrhea method
10. standard days method / cyclebeads
11. rhythm methods other than standard days
12. abstinence
13. female sterilization
14. male sterilization
15. breastfeeding
16. other – specify: ........................................

Note: adjust the options based on your pre-testing and knowledge of the most common options.

Calculate the indicator's value by dividing the number of girls who in the past 6 months had sex and used any of the above listed modern contraception methods by the total number of girls who in the past 6 months had sex and multiplying the result by 100.

Important Comments

1) Keep in mind that your target sample is not “girls aged 15-19 years” but “sexually active girls aged 15-19 years” which are identified by conducting individual interviews with girls aged 15-19 years. Therefore, the number of interviewed “girls aged 15-19 years” must be high enough so that even if some are discounted due to not being sexually active, the resulting number of interviewed sexually active girls still meets the minimum sample size.

2) This topic can, in many contexts, be very sensitive - consider therefore only having women as your interviewers.

3) Disaggregate the data by marital status (single, married), location (rural/urban), socio-economic characteristics (wealth quintile, level of education) and respondent's age.

4) For a useful guide on the monitoring and evaluation of adolescent reproductive health programs (including a wealth of additional indicators), read Pathfinder International’s A Guide to Monitoring and Evaluating Adolescent Reproductive Health Programs (see below).