IndiKit

FOLLOWING PROMOTED CHILD CARE PRACTICES

Outcome indicator, Output indicator

Indicator Phrasing

English: % of caregivers following at least X out of Y promoted child care practices

French: % de soignants suivant au moins X des Y pratiques de soins infantiles promues

Spanish: % de cuidadores que siguen al menos X de Y prácticas de cuidado infantil promovidas

Portuguese: % de cuidadores que seguem pelo menos X de Y das práticas de cuidados infantis promovidas

Czech: % rodičů dodržujících alespoň X ze Y projektem doporučených praktik péče o dítě

What is its purpose?

This is a composite indicator summarising how many essential child care (including child feeding) practices caregivers follow. See examples below.

How to Collect and Analyse the Required Data

Conduct individual interviews with a representative sample of caregivers assessing whether they follow important **child care (incl. feeding) practices which your project promotes** (and which are not covered by other indicators). The assessed practices need to be identified by a participatory assessment and be systematically addressed by the project's activities. Examples of such practices are: giving children small snacks (e.g. local fruit); giving children food on their own plate (to ensure they eat their share); breastfeeding even when the mother is ill (e.g. with cold); or ensuring that the child does not stay in areas contaminated by animal faeces.

To **calculate the indicator's value,** divide the number of caregivers following the minimum number of promoted practices (e.g. at least 3 out of 5 practices) by the total number of interviewed caregivers. Multiply the result by 100 to convert it to a percentage. Unless the practices are very easy to follow (or already very widespread), your indicator should expect people to follow approx. 60% of promoted practices. An example of such indicator can be: "*75% of caregivers follow at least 3 out of 5 promoted child care practices*". However, always **set the target depending on the local context and your intervention's design**.

Disaggregate by

Disaggregate the data by wealth and other relevant criteria.

Important Comments

1) As "caregiver" is understood the **child's mother** (unless her role was replaced by someone else). Only in specific cases we first identify who the most influential caregivers in a household is and then we interview the person.

Access Additional Guidance

- FAO (2004) <u>Family Nutrition Guide - Part I</u>

- FAO (2004) <u>Family Nutrition Guide - Part II</u>

- WHO (2006) <u>IYCF Counselling: Participant's Manual</u>