

FOLLOWING PROMOTED CHILD CARE PRACTICES

Outcome indicator, Output indicator

Indicator Phrasing

English: % of caretakers following at least X out of Y promoted child care practices

French: % de soignants suivant au moins X des Y pratiques de soins infantiles promues

Portuguese: % de cuidadores que seguem pelo menos X de Y das práticas de cuidados infantis

promovidas

Czech: % rodičů dodržujících alespoň X ze Y projektem doporučených praktik péče o dítě

What is its purpose?

This is a composite indicator summarising how many essential child care (including child feeding) practices caretakers follow. See examples below.

How to Collect and Analyse the Required Data

Conduct individual interviews with a <u>representative sample</u> of caretakers assessing whether they follow important **child care (incl. feeding) practices which your project promotes** (and which are not covered by other indicators). The assessed practices need to be identified by a participatory assessment and be systematically addressed by the project's activities. Examples of such practices are: giving children small snacks (e.g. local fruit); giving children food on their own plate (to ensure they eat their share); breastfeeding even when the mother is ill (e.g. with cold); or ensuring that the child does not stay in areas contaminated by animal faeces.

Calculate the indicator's value by dividing the number of caretakers following the minimum number of promoted practices (e.g. at least 3 out of 5 practices) by the total number of interviewed caretakers and multiplying the result by 100. Unless the practices are very easy to follow (or already very widespread), your indicator should expect people to follow approx. 60% of promoted practices. An example of such indicator can be: "75% of caretakers follow at least 3 out of 5 promoted child care practices". However, always **set the target depending on the local context and your intervention's design**.

Disaggregate by

1) As "caretaker" is understood the **child's mother** (unless her role was replaced by someone else). Only in specific cases we first identify who the most influential caretaker in a household is and then we interview the person.

Important Comments

1) As "caretaker" is understood the **child's mother** (unless her role was replaced by someone else). Only in specific cases we first identify who the most influential caretaker in a household is and then we interview the person.

This guidance was prepared by **People in Need** $\ \odot$ | Downloaded from www.indikit.net